



Self Integrative Care

1467 Siskiyou Blvd #2053
Ashland, OR 97520
Phone: (541) 482-6777
Fax: (541) 482-7711
info@selfintegrativecare.com

Notice of Privacy Practices

You have the right to:

Get a copy of your health records

- When you ask to see or get a copy of your health records, we will provide a copy or summary of your health records, usually within 30 days and we may charge you a reasonable, cost - based fee.

Correct your health records

- When you ask us to correct your health records because you think they are incorrect or incomplete, we may do so, or say “no” to your request, but we’ll tell you why in writing within 60 days.

Request confidential communication

- You can ask us to contact you in a specific way (for example, home or office phone) or to send mail to a different address and we will consider all reasonable requests, and must say “yes” if you tell us that you would be in danger if we do not.

Get a copy of this privacy notice

- It will be posted online on our website.

File a claim if you believe your privacy rights have been violated

- You can contact us by using the information above or you can file a complaint with the U.S. Department of Health and Human Services for Civil Rights.

Your Choices

You have some choices in the way that we use and share information as we:

- Answer questions from your family and friends- tell us what you want us to do, and we will follow your instructions.
- Market our services as we will never share your information unless you give us written permission.

Our Uses and Disclosures

- We can share your health information (for example, your Primary Care records provide diagnoses that are used to order tests so that your insurance will pay for them).
- Comply with the law, respond to requests from law enforcement, or other government requests where we are required to do so.

Our Responsibilities

- Our office is required to maintain the privacy and security of your protected health information and we will let you know promptly if a breach occurs.